

FOR PATIENTS 2 YEARS OR OLDER
WITH ACTIVE PSORIATIC ARTHRITIS

GET REAL RELIEF FROM THE MULTIPLE SYMPTOMS OF PSORIATIC ARTHRITIS



Jorge is an actual patient and
was compensated for his time.
Individual results may vary.

WATCH ME



Cosentyx[®]
(secukinumab)

INDICATIONS

COSENTYX[®] (secukinumab) is a prescription medicine used to treat:

- people 6 years of age and older with moderate to severe plaque psoriasis (PsO) that involves large areas or many areas of the body, and who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet or UV light alone or with systemic therapy)
- people 2 years of age and older with active psoriatic arthritis (PsA)
- adults with active ankylosing spondylitis (AS)
- adults with active non-radiographic axial spondyloarthritis (nr-axSpA) and objective signs of inflammation
- people 4 years of age and older with active enthesitis-related arthritis (ERA)
- adults with moderate to severe hidradenitis suppurativa (HS)

IMPORTANT SAFETY INFORMATION

Do not use COSENTYX if you have had a severe allergic reaction to secukinumab or any of the other ingredients in COSENTYX. See the Medication Guide for a complete list of ingredients.

Click here for full [Prescribing Information](#), including [Medication Guide](#).

Visit [COSENTYX.com/PsA](https://www.cosentyx.com/PsA) for more information.



WATCH
ME

REAL PEOPLE. REAL RELIEF.

To hear real stories from people taking
COSENTYX®, visit [COSENTYX.com/RealPsAStories](https://www.cosentyx.com/RealPsAStories)

This brochure contains photos and quotes of **actual adult patients** who have taken COSENTYX and have been compensated for their time. Individual results may vary.

IMPORTANT SAFETY INFORMATION (cont)

What is the most important information I should know about COSENTYX?

COSENTYX is a medicine that affects your immune system. COSENTYX may increase your risk of having serious side effects such as:

Infections

COSENTYX may lower the ability of your immune system to fight infections and may increase your risk of infections. Some people have died from these infections.

- Your doctor should check you for tuberculosis (TB) before starting treatment with COSENTYX.
- If your doctor feels that you are at risk for TB, you may be treated with medicine for TB before you begin treatment with COSENTYX and during treatment with COSENTYX.
- Your doctor should watch you closely for signs and symptoms of TB during treatment with COSENTYX. **Do not use COSENTYX if you have an active TB infection.**



TARGET MULTIPLE SYMPTOMS OF PSORIATIC ARTHRITIS

Living with active psoriatic arthritis (PsA) can be frustrating.

Constantly dealing with multiple PsA symptoms, like painful and tender joints, swollen fingers and toes, and sometimes even scaly, itchy skin, can turn your everyday activities into daily challenges. And while you try to power through the pain, it may mean you're missing out on doing the things you love.

That's why if you're still struggling with joint pain, skin plaques, or any of the multiple symptoms of PsA, it's important to take control, and talk to your rheumatologist to see if COSENTYX is right for you.

WHAT IS PSORIATIC ARTHRITIS?	4
ABOUT COSENTYX	8
COSENTYX RESULTS	10
THE SENSOREADY® PEN	14
CONSIDERING COSENTYX	16
COSENTYX® CONNECT PERSONAL SUPPORT PROGRAM	18

Need help getting the conversation started?

Use our Doctor Conversation Starter, located at
the **end of the brochure**.

Click here for full **Prescribing Information**, including **Medication Guide**.

Visit [COSENTYX.com/PsA](https://www.cosentyx.com/PsA) for more information.

WHAT IS PSORIATIC ARTHRITIS?

Psoriatic arthritis (PsA) is an inflammatory autoimmune condition that can affect both the joints and the skin. While the specific causes of PsA are not fully known, it's believed that there are multiple proteins in your immune system that may play a role in inflammation. When these proteins become overproduced, they cause an inflammatory response that contributes to pain and swelling in the joints and tendons, and sometimes even red, scaly, itchy skin—a symptom of plaque psoriasis (PsO).

PsA is different than rheumatoid arthritis (RA).

PsA joint pain is usually asymmetrical, meaning joint pain doesn't always affect both sides of the body.

RA inflammation is peripheral—meaning it is more likely to affect the wrists, knees, and ankles—and does not typically involve the spine.

Here's some more helpful information about the connection between PsA and PsO:



Joint pain and psoriasis skin plaques can be symptoms of the same psoriatic condition affecting different parts of the body.



In about 85% of people, skin symptoms occur prior to joint disease.



PsA tends to affect people between the ages of 30 and 55 but can occur earlier or later.

ACTUAL
PATIENT

JORGE

WHAT ARE THE MULTIPLE SYMPTOMS OF PSORIATIC ARTHRITIS?

Psoriatic arthritis (PsA) is different from other forms of arthritis and it affects everyone differently.

The same inflammation that causes joint pain and skin plaques can also affect other parts of the body.

Here's a list of the multiple symptoms of PsA:



Joint pain and swelling, and reduced physical mobility



Enthesitis

Pain and tenderness where tendons and ligaments attach to bones, making it different than "tennis elbow."



Dactylitis

Swelling of an entire finger or toe, commonly referred to as "sausage-like."



Skin plaques and nail changes

Occur in patients who also have plaque psoriasis.



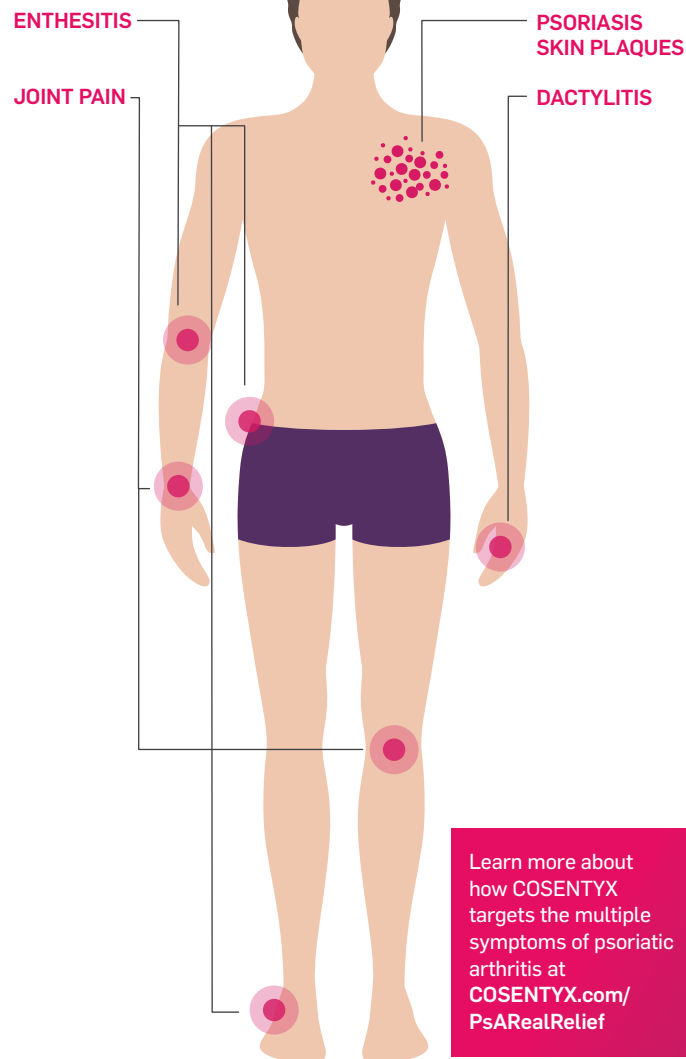
Helps stop further joint damage

Based on data from X-rays.

IMPORTANT SAFETY INFORMATION (cont)

Before starting COSENTYX[®], tell your doctor if you:

- are being treated for an infection
- have an infection that does not go away or that keeps coming back
- have TB or have been in close contact with someone with TB
- think you have an infection or have symptoms of an infection such as: fevers, sweats, or chills; muscle aches; cough; shortness of breath; blood in your phlegm; weight loss; warm, red, or painful skin or sores on your body; diarrhea or stomach pain; burning when you urinate or urinate more often than normal



Learn more about how COSENTYX targets the multiple symptoms of psoriatic arthritis at [COSENTYX.com/PsARealRelief](https://www.cosentyx.com/PsARealRelief)

COSENTYX[®] IS THE FIRST TREATMENT TO TARGET IL-17A

WHAT MAKES COSENTYX DIFFERENT?

Psoriatic arthritis (PsA) is the result of an overactive immune system. While the specific causes of PsA are not fully known, it is believed that there are multiple proteins in your immune system, including IL-17A, which may play a role in causing inflammation.

COSENTYX is a different kind of targeted biologic. It's the **#1 prescribed medicine of its kind**,*† and works within your body to target IL-17A.

*Across all indications (excluding HS).

†The relationship between how COSENTYX works in the body and how it affects your symptoms is unknown.

EXPERIENCE IN ADULTS

COSENTYX has been **studied extensively in adults for 16 years** across all indications. COSENTYX was approved by the US Food and Drug Administration (FDA) in 2015 to treat adults with moderate to severe plaque psoriasis. Then in 2016, it was approved to treat adults with active psoriatic arthritis and active ankylosing spondylitis. Most recently in June 2020, it was approved by the FDA to treat another form of axSpA: nr-axSpA.

~3.7 million prescriptions have been dispensed in the United States across all indications (excluding HS).

IMPORTANT SAFETY INFORMATION (cont)

After starting COSENTYX, call your doctor right away if you have any signs of infection listed on page 6. Do not use COSENTYX if you have any signs of infection unless you are instructed to by your doctor.

What are the possible side effects of COSENTYX?

COSENTYX may cause serious side effects, including:



"Real relief means the pain isn't always on my mind."

DARREN ACTUAL PATIENT
STARTED COSENTYX IN 2016

REAL PEOPLE. REAL RELIEF.
WATCH THEIR STORIES AT
[COSENTYX.com/RealPsAStories](https://www.cosentyx.com/RealPsAStories)

Darren, left, was compensated for his time. Individual results may vary.

FIND REAL RELIEF FROM PSORIATIC ARTHRITIS (PsA)

RELIEF STARTS FAST, AND LASTS



of adults in a clinical trial saw at least a 20% improvement in PsA symptoms at 16 weeks versus 18% on placebo.

Some adults started feeling relief as early as 3 weeks.*



For patients who continued on COSENTYX for 5 years, a similar percentage saw an **improvement in psoriatic arthritis symptoms.[†]**



EXPERIENCE

COSENTYX has 16 years of clinical trial experience across all indications and over **3.7 million prescriptions have been filled[‡] in the United States.^{§‡}**

*Approximately 60% of adults taking COSENTYX saw this level of improvement versus 18% of patients taking placebo.

[†]In this study, the medication being used was revealed to doctors and patients after 1 year, which may affect the results.

[‡]As of March 2023.

[§]Across all indications combined (excluding HS).

COSENTYX is effective without methotrexate. Your rheumatologist may prescribe COSENTYX with or without methotrexate.

COSENTYX HELPS YOU TAKE ON YOUR DAILY ACTIVITIES SO YOU CAN MOVE FORWARD

Adults in clinical trials completed a questionnaire that asked how difficult it was to complete daily activities. **The majority of adults taking COSENTYX showed overall improvement in the ability to perform daily activities at 16 weeks.** The questions covered categories such as:

- Getting in and out of bed
- Getting dressed on their own
- Walking
- Using hands to eat
- Gripping objects
- Reaching
- Taking care of personal hygiene



COMPLETE REDUCTION OF SWELLING

In a clinical trial, 50% of adults with completely swollen fingers or toes no longer had signs of swelling after 6 months of taking COSENTYX, versus 15% with placebo.

IMPORTANT SAFETY INFORMATION (cont)

Serious allergic reactions

Serious allergic reactions can occur. Get emergency medical help right away if you get any of the following symptoms: feeling faint; swelling of your face, eyelids, lips, mouth, tongue, or throat; trouble breathing or throat tightness; chest tightness; skin rash or hives (red, itchy bumps).

If you have a severe allergic reaction, do not give another injection of COSENTYX.

Inflammatory bowel disease

New cases of inflammatory bowel disease or "flare-ups" can happen with COSENTYX, and can sometimes be serious. If you have inflammatory bowel disease (ulcerative colitis or Crohn's disease), tell your doctor if you have worsening disease symptoms during treatment with COSENTYX or develop new symptoms of stomach pain or diarrhea.

Severe skin reactions that look like eczema can happen during treatment with COSENTYX from days to months after your first dose and can sometimes lead to hospitalization. Your doctor may temporarily stop treatment with COSENTYX if you develop severe skin reactions. Tell your doctor if you have any of the following signs or symptoms: redness or rash; itching; small bumps or patches; your skin is dry or feels like leather; blisters on the hands or feet that ooze or become crusty or skin peeling.

Click here for full Prescribing Information, including Medication Guide.

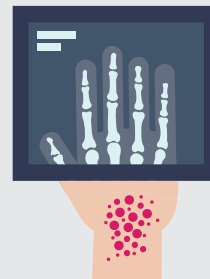
Visit [COSENTYX.com/PsA](https://www.cosentyx.com/PsA) for more information.



COSENTYX® TREATS MORE THAN JUST JOINT PAIN

IT EVEN HELPS STOP FURTHER JOINT DAMAGE.*

If left untreated, PsA can cause permanent joint damage, also known as radiographic progression. In the largest clinical trial ever conducted for psoriatic arthritis for a biologic drug, COSENTYX was proven to help stop further joint damage.



76% of adults taking COSENTYX had no increase in joint damage at 6 months*

*For adults taking the 300-mg dose of COSENTYX. In the 150-mg group, 71% of adults had no increase in joint damage at 6 months, versus 68% of adults taking placebo.

- LESS JOINT PAIN
- LESS TENDERNESS
- CLEARER SKIN
- HELPS STOP FURTHER JOINT DAMAGE*

Tina was compensated for her time.
Individual results may vary.

IMPORTANT SAFETY INFORMATION (cont)

The most common side effects of COSENTYX include: cold symptoms, diarrhea, and upper respiratory tract infections.

These are not all of the possible side effects of COSENTYX. Call your doctor for medical advice about side effects.

Before using COSENTYX, tell your doctor if you:

- have any of the conditions or symptoms listed on page 6 for infections.
- have inflammatory bowel disease (Crohn's disease or ulcerative colitis).
- are allergic to latex. The needle cap on the COSENTYX Sensoready® pen, and 150 mg/mL and 75 mg/0.5 mL prefilled syring contains latex.
- have recently received or are scheduled to receive an immunization (vaccine). People who take COSENTYX **should not** receive live vaccines. Children should be brought up to date with all vaccines before starting COSENTYX.
- have any other medical conditions and all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Keep a list of your medicines to show your healthcare provider and pharmacist when you get a new medicine.
- are pregnant or plan to become pregnant. It is not known if COSENTYX can harm your unborn baby. You and your doctor should decide if you will use COSENTYX.
- are breastfeeding or plan to breastfeed. It is not known if COSENTYX passes into your breast milk.

*Based on data from X-rays of the hands and feet at 6 months.

Click here for full **Prescribing Information**, including **Medication Guide**.

Visit [COSENTYX.com/PsA](https://www.cosentyx.com/PsA) for more information.



"What I like about the Sensoready® Pen is that it's like...so easy to use."

JONI ACTUAL PATIENT
STARTED COSENTYX® IN 2016

Joni was compensated for her time.
Individual results may vary.

We know injections can be a challenge for some people. That's why we have resources and supplemental injection training tools to help you feel more comfortable.

IMPORTANT SAFETY INFORMATION (cont)

You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.



GET COMFORTABLE WITH HOW TO USE COSENTYX

THE SENSOREADY PEN IS DESIGNED FOR COMFORT

At 3 months, adults in a plaque psoriasis clinical trial were pleased with **how easy the Sensoready Pen was to use.**

COSENTYX is also available in a prefilled syringe. Work with your rheumatologist to decide which device is best for you.

<1%

LESS THAN 1% EXPERIENCED INJECTION SITE REACTIONS

Less than 1% of adults in psoriatic arthritis clinical trials experienced injection site reactions.



CONVENIENT, ONCE-A-MONTH DOSE

The recommended dose is 150 mg, taken as one injection under the skin.*

If you have moderate to severe plaque psoriasis or continue to have PsA symptoms, your rheumatologist may prescribe 300 mg (taken as two 150-mg injections)*.



INJECTION RESOURCES

Your healthcare professional should teach you how to inject COSENTYX the first time to make sure you're comfortable doing it yourself. For added support, a COSENTYX® Connect team member is available at **1-844-COSENTYX (1-844-267-3689)**

*Your rheumatologist may prescribe 5 weekly doses to get you started.

You can also view our injection resources and demonstration videos at cosentyx.com/all/how-to-inject-cosentyx

Click here for full [Prescribing Information](#), including [Medication Guide](#).

Visit COSENTYX.com/PsA for more information.

REAL TALK FROM REAL PEOPLE TAKING COSENTYX[®]

When you have questions, don't wait to ask them! Introducing **REAL TALK**—a new video series that addresses real-life questions by featuring genuine conversations between people on COSENTYX and **Dr. Elizabeth Perkins**, a practicing rheumatologist.

Dr. Perkins was compensated for her time.



Remember, your doctor is your best resource, so ask about COSENTYX today. Start watching at [COSENTYX.com/PsARealTalk](https://www.cosentyx.com/PsARealTalk)

"I got relief from the pain and the swelling in my hands."

TINA ACTUAL PATIENT

STARTED COSENTYX IN 2016

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Tina was compensated for her time.
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SUPPORT FROM THE START

Sign up for COSENTYX® Connect and start taking advantage of these great tools, resources, and offers.



A COSENTYX® Connect Team Member



Pay as little as \$0 co-pay if privately insured and otherwise eligible



Eligible commercially insured patients may be able to receive up to **2 years of free medication** if insurance is not initially approved, while you work with your commercial health plan to secure coverage for COSENTYX®†



A Welcome Kit with tools, travel bag and resources to help you get started



A recyclable sharps container



Injection resources



Personalized support and resources via mail, email, or text



WE'VE GOT YOU COVERED

If you can't afford your medicine, Novartis may be able to help. Please visit [COSENTYX.com/cost](https://www.cosentyx.com/cost) or call 1-844-COSENTYX (1-844-267-3689) to learn more.

*Limitations apply. Valid only for those with private insurance. Program provides up to [\$16,000] annually for the cost of COSENTYX and up to [\$150] per infusion (up to [\$1,950] annually) for the cost of administration. Co-pay support for infusion administration cost not available in Rhode Island or Massachusetts. Offer not valid under Medicare, Medicaid, or any other federal or state program. Novartis reserves the right to rescind, revoke, or amend this program without notice. See complete Terms & Conditions for details.

†The **Covered Until You're Covered Program** is available for COSENTYX® (secukinumab) subcutaneous injection only. Eligible patients must have commercial insurance, a valid prescription for COSENTYX, and a denial of insurance coverage based on a prior authorization request. Program requires the submission of an appeal of the coverage denial within the first 90 days of enrollment in order to remain eligible. Program provides COSENTYX for free to eligible patients for up to two years, or until they receive insurance coverage approval, whichever occurs earlier. A valid prescription consistent with FDA-approved labeling is required. Program is not available to patients whose medications are reimbursed in whole or in part by Medicare, Medicaid, TRICARE, or any other federal or state program. Patients may be asked to reverify insurance coverage status during the course of the program. No purchase necessary. Program is not health insurance, nor is participation a guarantee of insurance coverage. Limitations may apply. Enrolled patients awaiting coverage for COSENTYX after two years may be eligible for a limited Program extension. Novartis Pharmaceuticals Corporation reserves the right to rescind, revoke, or amend this Program without notice.

Click here for full [Prescribing Information](#), including [Medication Guide](#).

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Jorge is an actual patient and was compensated for his time. Individual results may vary.

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ASK YOUR RHEUMATOLOGIST ABOUT COSENTYX® TODAY



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Hear real stories from real people taking
COSENTYX at [YouTube.com/COSENTYX](https://www.youtube.com/COSENTYX)
and [COSENTYX.com/PsARealTalk](https://www.cosentyx.com/PsARealTalk)

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Novartis Pharmaceuticals Corporation
East Hanover, New Jersey 07936-1080